

| Toutes Catégories D. |                                                             |          | Toutes Catégories H.  |                                                         |            |
|----------------------|-------------------------------------------------------------|----------|-----------------------|---------------------------------------------------------|------------|
| 100 H.(0.840)        | Lambert Kylie (2025)                                        | 13.87    | 110 H. (1.067)        | Rase Nemo (2025)                                        | 13.85      |
|                      |                                                             |          | 200 H.                | Vanwelde Jean-François (2018)                           | 33.90      |
| 400 H.(0.762)        | Lambert Kylie (2025)                                        | 57.73    | 400 H. (0.914)        | Gjesdal T. (1992)                                       | 53.60      |
| 100 m.               | Libert Laetitia. (2015) W35                                 | 11.69    | 100 m.                | Mengal Simon (2017)                                     | 10.67      |
|                      |                                                             |          | 150 m.                | Boa Michaël (2021)                                      | 17.71      |
| 200 m.               | Libert Laetitia. (2015) W35                                 | 23.63    | 200 m.                | Oyowe Will (2013)                                       | 21.30      |
| 300 m.               | Libert Laetitia (2016) W35                                  | 37.96    | 300 m.                | Oyowe Will (2010)                                       | 33.60      |
| 400 m.               | Libert Laetitia. (2015) W35                                 | 52.88    | 400 m.                | Oyowe Will (2013)                                       | 45.88      |
| 600 m.               | Renard Julie (2005) - Sco                                   | 1.57.01  | 600 m.                | Courtois Martin (2025) Jun                              | 1.19.54    |
| 800 m.               | De Coninck Gael (2023)                                      | 2.05.88  | 800 m.                | Sombaert Loic (2024)                                    | 1.48.69    |
| 1000 m.              | Roobaert Laurence (1993)                                    | 2.47.94  | 1000 m.               | Mazid Mohammed (2022)                                   | 2.23.82    |
| 1500 m.              | Roobaert Laurence (1993)                                    | 4.21.33  | 1500 m.               | Deflandre Clément (07.06.2025)                          | 3.47.57    |
| Mile (1609m)         | Roobaert Laurence (1991) - Jun                              | 5.00.6   | Mile (1609m)          | Pennewaert Guillem (2016) Jun                           | 4.22.05    |
| 2000 m.              | Tanghe Corinne (1997)                                       | 6.34.7   | 2000 m.               | Vermeersch Arnaud (2021)                                | 5.31.16    |
| 2000m/st             | Vandroogenbroeck Virginie (2006) W35                        | 7.24.71  | 2000/st               | Parvais Olivier (1985) - Sco                            | 6.15.2     |
| 3000 m.              | Cleppe Roxane (2025)                                        | 9.32.25  | 3000 m.               | Deflandre Clément (02.09.2025)                          | 8.00.46    |
| 3000m/st             | De Coninck Maud (2023) - Jun                                | 11.01.18 | 3000/st               | Deflandre Clément (21.06.2025)                          | 8.36.57    |
| 2 MILES              | Vandroogenbroeck Virginie (2007) W35                        | 11.28.33 | 2 Miles               | Versmissen Fabian (2007)                                | 10.22.48   |
| 5000 m               | Cleppe Roxane (2025)                                        | 15.50.52 | 5000 m                | Poncelet Valentin (2019)                                | 13.55.23   |
| 10000 m              | Cleppe Roxane (2025)                                        | 32.34.71 | 10000 m.              | Dely Arnaud (2021)                                      | 28.26.94   |
| Heure                | Vandroogenbroeck Virginie (2005) W35                        | 16.485   | Heure                 | Moens Jacques (1984) – M45                              | 18.018     |
|                      |                                                             |          | 20000 m               | Dethier Gaston (1987)                                   | 1.14.26    |
|                      |                                                             |          | 30000 m               | Dethier Gaston (1988)                                   | 1.57.50    |
| Marathon             | Vandroogenbroeck Virginie (2009) W35                        | 2h43.48  | Marathon              | Poncelet Valentin (2022)                                | 2.15.46    |
|                      |                                                             |          |                       |                                                         |            |
| Longueur             | Scimeca Lina (2011)                                         | 5.57     | Longueur              | Reginster Gaetan (2019)                                 | 6.98       |
| Triple saut          | Ego Caroline (2017)                                         | 11.55    | Triple saut           | Descamps Lucas (2025)                                   | 14.20      |
| Hauteur              | Carminati Elisa (2025) Scol                                 | 1.67     | Hauteur               | Coster Xavier (2011)                                    | 2.01       |
| Perche               | Henry Chloé (2015)                                          | 4.42     | Perche                | Boa Michaël (2022)                                      | 4.50       |
| Poids 4kg            | Scimeca Anna (2010)                                         | 13.39    | Poids 7,260kg         | Van Schoor Robert (1982)                                | 16.08      |
| Disque 1kg           | Scimeca Anna (2011)                                         | 43.18    | Disque 2kg            | Van Schoor Robert (1982)                                | 56.12      |
| Javelot 600gr        | Hojka Anne (1998)                                           | 42.49    | Javelot 800gr (<1986) | Jacques Pascal (1983)                                   | 64.64      |
|                      |                                                             |          | Javelot 800gr (>1986) | Boa Michaël (2023)                                      | 60.14      |
| Marteau 4kg          | Scimeca Anna (2009) – Jun                                   | 22.38    | Marteau 7,260kg       | Pierre Guy (1999)                                       | 49.36      |
| Heptathlon           | Ego Caroline (2007)                                         | 3.165    | Pentathlon            | Deknop David (2000)                                     | 2.468      |
| Decathlon            | Pieters Sophie (2015)                                       | 3.342    | Decathlon             | Surquin Jean-Luc (1992)                                 | 5.634      |
|                      |                                                             |          | Isocathlon            | Vanwelde Jean-François (2020)                           | 6.099p     |
| ROUTE                |                                                             |          | ROUTE                 |                                                         |            |
| 5kms Route           | Cleppe Roxane (16.03.2025)                                  | 15.29    | 5kms route            | Deflandre Clément (28.06.2025)                          | 13.55      |
| 10kms Route          | Cleppe Roxane (03.05.2025)                                  | 31.32    | 10kms route           | Deflandre Clément (12.01.2025)                          | 28.17      |
| Semi-marath.         | Cleppe Roxane (09.03.2025)                                  | 1h09.12  | Semi-marathon         | Devanne Julien (2022)                                   | 1h05.09    |
| 30 kms               | Vandroogenbroeck Virginie (2001) W35                        | 1h55.03  | 30kms                 | Hanot Serge (2001)                                      | 1h54.04    |
|                      |                                                             |          | 50kms                 | Demarets Joel (1998) - M45                              | 4h24.48    |
|                      |                                                             |          | Ultra-marathon        | Demarets Joel (1998) - M45                              | 6h18.48    |
|                      |                                                             |          | 6 Heures              | Demarets Joel (1998) - M45                              | 68.495m    |
|                      |                                                             |          | 100 kms               | Bascour Jean (1982) - M40                               | 9h19.25    |
| RELAIS mixtes        |                                                             |          | MARCHE ATHLETIQUE     |                                                         |            |
| 4 x 400              | Lambert Kylie - Beauduin Nathan (Jun)                       | 3.38.52  | 5.000                 | Hazard Edouard                                          | 29.14.52   |
|                      | Mengal Simon - O'Shea Chloé (2025)                          |          | 10.000                | Lesjours Joseph (1983) – M50                            | 59.30      |
|                      |                                                             |          | 20.000                | Chevalier Daniel (1981)                                 | 2h03.01.05 |
|                      |                                                             |          | 50.000                | Lesjours Joseph (1983) – M50                            | 5h47.27    |
|                      |                                                             |          | 6 heures              | Mertens André (1983)                                    | 41.733m    |
| RELAIS Dames         |                                                             |          | RELAIS Hommes         |                                                         |            |
| 4 x 100              | Ego Caroline – Scimeca Lina                                 | 49.63    | 4 x 100               | Rase Nemo (sco) - Brunin Clément                        | 41.12      |
|                      | Silcock Clara (S) – Saint-Paul Justine (C) (2010)           |          |                       | Chiroux Gaëtan - Mengal Simon (2021)                    |            |
| 4 x 200              | Heymans Shana (S) - Deloof Justine (Jun)                    | 1.42.14  | 4 x 200               | Kohl Geoffrey – Noël Léo (sco)                          | 1.27.38    |
|                      | Lembi Bonh. H (Jun) - Libert Laetitia (W35) (2015)          |          |                       | Brunin Clément - Mengal Simon (2016)                    |            |
| 4 x 400              | Deloof Justine (S) - Delanghe Emma (Sco)                    | 4.07.14  | 4 x 400               | Brunin Clément - Mengal Simon                           | 3.18.23    |
|                      | Chevalier Eulalie (Sco) - Vasteels Lucie (Sco) (2019)       |          |                       | Courtois Martin - Sombaert Loic (2024)                  |            |
| 4 x 800              | Chevalier Eulalie (Sco) - Vasteels Lucie (Cad)              | 10.00.64 | 4 x 800               | Chrétien Arthur - Vanderstraeten Kenzo                  | 7.40.88    |
|                      | Boels Nadège (Sen) - Cerckel Marie (Sen) (2018)             |          |                       | Sombaert Loic - Courtois Martin (2024)                  |            |
|                      |                                                             |          | 4 x 1500              | Vermeersch Arnaud - Devuyt Julien (J)                   | 16.02.66   |
|                      |                                                             |          |                       | Dumoulin Romain - Mazid Mohammed (2021)                 |            |
| Ekiden               | Parvais Lilou - Schmitz Delphine - Montois Constance (2023) | 2.58.06  | Ekiden                | Mazid Mohammed - Mengal Arnaud - Dumoulin Romain        | 2h10'55"   |
|                      | Virginie Vandroogenbroek - De Coninck Maud - Bauwens Marion |          |                       | Dely Arnaud - Poncelet Valentin - Devanne Julien (2021) |            |
| Suédois              | O'Shea Chloé (Cad) - Lembi-Bonheur Heurjonie (Sen)          | 2.26.80  | Suédois               | Oyowé Will – Giraud PA (J)                              | 2.02.37    |
|                      | Deloof Justine (Sen) - Delanghe Emma (Sco) (2018)           |          |                       | Makadieu Fabrice – Emmery Nicolas (2009)                |            |
| Olympique            | Vandroogenbroeck Virginie - De Gyns Morgane (C)             | 4.17.52  | Olympique             | Lamon Thibaut – Clerckx Nicolas                         | 3.34.5     |
|                      | Renard Julie (S) – Scoupe Marcela (J) (2004)                |          |                       | Bouqueau Rudy – Zonca Yves (1998)                       |            |

(\*) "Toutes catégories"

- Records établis sur des distances ou avec des engins "seniores"
- Sauf indication contraire, établis par des athlètes seniors