**Masters Femmes W55 outdoor**

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| 600 m. | Crul Rosa (1997) | 2.25.21 |
| 800 m. | Crul Rosa (1997) | 3.08.17 |
| 1500 m. | Crul Rosa (1996) | 6.09.92 |
| Heure | Mouvet Marie-Christine (2008) | 10.283 |
| Poids 4k | Crul Rosa (1997) | 6.77 |
| Javelot 600gr | Palm Corinne (2012) | 11.27 |
| 10kms | Mouvet Marie-Christine (2008) | 58.13.0 |
| Semi-marathon | Alexandre F (2012) | 1h38.24 |
| Marathon | Duyck Nadine (2012) | 4h12.42 |