**Masters Femmes W50 outdoor**

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| 100 m. | Vandooren Bénédicte (2015) | 14.72 |
| 300 m. | Crul Rosa (1992) | 55.8/55.94 |
| 400 m. | Berghezan Marie-Christine (2015) | 67.75 |
| 800 m. | Crul Rosa (1991) | 2.51.42 |
| 1000 m. | Crul Rosa (1991) | 3.39.39 |
| 1500 m. | Crul Rosa (1992) | 5.39.36 |
| 3000 m. | Desmet Bernadette (2013) | 11.51.25 |
| Heure | Crul Rosa (1992) | 13.170 |
| Longueur | Vandooren Bénédicte (2016) | 3.83 |
| Hauteur | Speliers J. (2008) | 1.10 |
| Vandooren Bénédicte (2015) |
| Poids 4kg | Crul Rosa (1992) | 7.50 |
| Disque 1kg | Deknudt Véronique (2015) | 16.92 |
| Javelot 600gr | Duyck Nadine (2008) | 20.82 |
| ROUTE |
| 10kms | Duyck Nadine (2007) | 52.55.00 |
| Semi-marathon | Duyck Nadine (2009) | 1h55.32 |
| Marathon | Willis Harriet (1997) | 3h20.08 |