**Toutes Catégories Femmes outdoor**

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| 100 H.(0.840) | Henry Chloé (2015) | 15.38 |
| 400 H.(0.762) | Daige Thérèse (1993) | 68.29 |
| 100 m. | Libert Laetitia. (2015) W35 | 11.69 |
| 200 m. | Libert Laetitia. (2015) W35 | 23.63 |
| 300 m. | Libert Laetitia (2016) W35 | 37.96 |
| 400 m. | Libert Laetitia. (2015) W35 | 52.88 |
| 600 m. | Renard Julie (2005) - Sco | 1.57.01 |
| 800 m. | Roobaert Laurence (1991) - Jun. | 2.06.8 |
| 1000 m. | Roobaert Laurence (1993) | 2.47.94 |
| 1500 m. | Roobaert Laurence (1993) | 4.21.33 |
| Mile (1609m) | Roobaert Laurence (1991) - Jun | 5.00.6 |
| 2000 m. | Tanghe Corinne (1997) | 6.34.7 |
| 2000m/st | Vandroogenbroeck Virginie (2006) W35 | 7.24.71 |
| 3000 m. | Vandroogenbroeck Virginie (2007) W35 | 9.53.13 |
| 2 MILES | Vandroogenbroeck Virginie (2007) W35 | 11.28.33 |
| 5000 m | Vandroogenbroeck Virginie (2009) W35 | 17.03.62 |
| 10000 m. | Vandroogenbroeck Virginie (2005) W35 | 35.28.94 |
| Heure | Vandroogenbroeck Virginie (2005) W35 | 16.485 |
| Longueur | Scimeca Lina (2011) | 5.57 |
| Triple saut | Ego Caroline (2017) | 11.55 |
| Hauteur | Matondo Eléonore (2015) Sco | 1.53 |
| Perche | Henry Chloé (2015) | 4.42 |
| Poids 4kg | Scimeca Anna (2010) | 13.39 |
| Disque 1kg | Scimeca Anna (2011) | 43.18 |
| Javelot 600gr | Hojka Anne (1998) | 42.49 |
| Marteau 4kg | Scimeca Anna (2009) – Jun | 22.38 |
| Heptathlon | Ego Caroline (2007) | 3.165 |
| Decathlon | Pieters Sophie (2015) | 3.342 |
| **ROUTE** |
| 10kms Route  | Vandroogenbroeck Virginie (2001) W35 | 34.54 |
| Semi-marath. | Vandroogenbroeck Virginie (2001) W35 | 1h17.23 |
| 30 kms | Vandroogenbroeck Virginie (2001) W35 | 1h55.03 |
| Marathon | Vandroogenbroeck Virginie (2009) W35 | 2h43.48 |
| **RELAIS** |
| 4 x 100 | Ego Caroline – Scimeca Lina | 49.63 |
| Silcock Clara (S) – Saint-Paul Justine (C) (2010) |
| 4 x 200 | Heymans Shana (S) - Deloof Justine (Jun) | 1.42.14 |
| Lembi Bonh. H (Jun) - Libert Laetitia (W35) (2015) |
| 4 x 400 | Cerckel Marie (S) - Demuth Floriane (J) | 4.08.09 |
| Deloof Justine (J) - Libert Laetitia (W35) (2015) |
| 4 x 800 | Chevalier Eulalie (Sco) - Vasteels Lucie (Cad) | 10.00.64 |
| Boels Nadège (Sen) - Cerckel Marie (Sen) (2018) |
| Suédois | O'Shea Chloé (Cad) - Lembi-Bonheur Heurjonie (Sen) | 2.26.80 |
| Deloof Justine (Sen) - Delanghe Emma (Sco) (2018) |
| Olympique | Vandroogenbroeck Virginie - De Gyns Morgane (C) | 4.17.52 |
| Renard Julie (S) – Scoupe Marcela (J) (2004) |