**Senior hommes outdoor**

|  |  |  |
| --- | --- | --- |
| 110 H. (1,062) | Gjesdal T. (1992) | 16.21 |
| 200 H | Vanwelde Jean-François (2018) | 33.90 |
| 400 H. (0.914) | Gjesdal T. (1992) | 53.60 |
| 100 m. | Mengal Simon (2017) | 10.67 |
| 200 m. | Oyowe Will (2013) | 21.30 |
| 300 m. | Oyowe Will (2010) | 33.60 |
| 400 m. | Oyowe Will (2013) | 45.88 |
| 800 m. | Castiaux Raymond (1975) | 1.54.6 |
| 1000 m. | Castiaux Raymond (1974) | 2.26.5 |
| 1500 m. | Godefroid Luc (1986) | 3.52.7 |
| Mile (1609m) | Mengal Arnaud (2018) | 4.28.98 |
| 2000 m. | Tordeurs Benoit (1989) | 5.43.3 |
| 3000 m. | Godefroid Luc (1986) | 8.22.56 |
| 2 Miles | Versmissen Fabian (2007) | 10.22.48 |
| 5000 m | Godefroid Luc (1986) | 14.32.67 |
| 10000 m. | Castiaux Raymond (1971) | 31.05.2 |
| 2000 st | Landerwyn Thierry (1991) | 7.01.7 |
| 3000 st | Godefroid Luc (1986) | 9.08.64 |
| Heure | De Keghel Marc (1995) | 17.690 |
| 20000 m | Dethier Gaston (1987) | 1.14.26 |
| 30000 m | Dethier Gaston (1988) | 1.57.50 |
| 10 kms | De Keghel Marc (1997) | 33.59 |
| Semi-marat | Butera Lorenzo (1993) | 1.13.49 |
| 30kms | Hanot Serge (2001) | 1.54.04 |
| Marathon | Dillembourg Pierre (1987) | 2.25.39 |
| Longueur | Coster Denis (2008) | 6.35 |
| Triple saut | Ego Laurent (2008) | 12.91 |
| Hauteur | Coster Xavier (2011) | 2.01 |
|
| Perche | Godts Joscha (2013)  | 4.25 |
| Poids (7,260kg) | Van Schoor Robert (1982) | 16.08 |
| Disque (2kg) | Van Schoor Robert (1982) | 56.12 |
| Javelot 800gr | Jacques Pascal (1986) | 59.40 |
| Marteau (7,260kg) | Pierre Guy (1999) | 49.36 |
| Pentathlon | Deknop David (2000) | 2.468 |
| Decathlon | Surquin Jean-Luc (1992) | 5.634 |
| Isocathlon | Vanwelde Jean-François (2018) | 5.663 |
| **MARCHE ATHLETIQUE** |
| 5.000 | Hazard Edouard | 29.14.52 |
| 10.000 | Hazard Edouard | 1.01.57.01 |
| 20.000 | Chevalier Daniel (1981) | 2.03.01.05 |
| 6 heures | Mertens André (1983) | 41.733 |
| **RELAIS** |
| 4 x 100 | Marginet – Poncin  | 44.4/44.54 |
| Préat Philippe - Ponsart (1985) |
| 4 x 200 | Markadieu Fabrice – Coster Denis | 1.36.05 |
| Fastrez Jérémie – Mussche B. (2005) |
| 4 x 400 | Coster Denis – Ego Laurent | 3.42.06 |
| Coster Xavier – Fastrez Jérémie (2008) |
| 4 x 800 | Verbanck Christian – Roobaert Michel  | 9.01.1 |
| Verbeugt Jean-Marie – Van Kerckoven Francis (1981) |
| 4 x 1500 | Roobaert Michel – Spigeleer Pierre | 18.10.6 |
| Verbanck Christian – Rodts Jean-Charles (1981) |
| Suédois | Kohl Geoffrey. - Hinnekens Simon | 2.06.24 |
| Chiroux Adrien. - Cisse Mohamed (2016) |
| Olympique | Deknop David – De Keghel Marc | 3.53.0 |
| Deknop Eric – Aguilera Francisco (1997) |