**Séniores Femmes (outdoor)**

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| --- | --- | --- |
| 100 H.(0.840) | Henry Chloé (2015) | 15.38 |
| 400 H.(0.762) | Daige Thérèse (1993) | 68.29 |
| 100 m. | Libert Laetitia (2013) | 11.71 |
| 200 m. | Libert Laetitia (2012) | 23.79 |
| 300 m. | Ego Caroline (2007) | 41.06 |
| 400 m. | Libert Laetitia (2012) | 53.59 |
| 600 m. | Ernould Marie-Elise (2015) | 2.00.03 |
| 800 m. | Roobaert Laurence (1993) | 2.07.63 |
| 1000 m. | Roobaert Laurence (1993) | 2.47.94 |
| 1500 m. | Roobaert Laurence (1993) | 4.21.33 |
| Mile (1609m) | De Smet Bernadette (1992) | 5.28.02 |
| 2000 m. | Tanghe Corinne (1996) | 6.40.89 |
| 3000 m. | Tanghe Corinne (1996) | 10.17.07 |
| 5000 m | Tanghe Corinne (1996) | 17.40.55 |
| 10000 m. | Vandroogenbroeck Virginie (2005) | 35.28.94 |
| 2000m/st | Wynant Stéphanie (2013) | 11.02.37 |
| Heure | Vandroogenbroeck Virginie (2005) | 16.485 |
| 10kms Route  | Vandroogenbroeck Virginie (2001) | 34.54 |
| Semi-marath. | Vandroogenbroeck Virginie (2001) | 1h17.23 |
| 30 kms | Vandroogenbroeck Virginie (2001) | 1h55.03 |
| Marathon | Vandroogenbroeck Virginie (2001) | 2h48.43 |
| Longueur | Scimeca Lina (2011) | 5.57 |
| Triple saut | Ego Caroline (2017) | 11.55 |
| Hauteur | Scohy Christiane (1982) | 1.35 |
| Boulanger M. (1991) |
| Perche | Henry Chloé (2015) | 4.42 |
| Poids (4 kg) | Scimeca Anna (2010) | 13.39 |
| Disque (1 kg) | Scimeca Anna (2011) | 43.18 |
| Javelot 600gr | Hojka Anne (1998) | 42.49 |
| Marteau (4 k) | Lanssiers Brigitte (1994) | 21.24 |
| Heptathlon | Ego Caroline (2007) | 3.165 |
| Decathlon | Pieters Sophie (2015) | 3.342 |
| **RELAIS** |
| 4 x 100 | Rinchon Morgane - Nicaise Justine | 55.28 |
| Renard Julie - Blommaert Annais (2011) |
| 4 x 200 | Ego Caroline – Ernould Marie-Elise | 1.57.37 |
| Lengele Julie – Nicaise Justine (2009) |
| 4 x 400 | Ernould Marie-Elise – Blommaert Annais | 4.41.67 |
| Nicaise Justine – Renard Julie (2012) |
| 4 x 800 | Rinchon Morgane - Nicaise Justine | 11.53.38 |
| Renard Julie - Blommaert Annais (2011) |
| Suédois | Boels Nadège - Heymans Shanna | 2.30.06 |
| Lembi Bonheur Heurjonie - Deloof Justine (2017) |
| Olympique | De Smet Bernadette –Tanghe Corinne | 4.32.2 |
| Deknudt Véronique - Verhoeven Vicky (1995) |