**Masters Femmes outdoor**

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| --- | --- | --- | --- |
| 80 H (0.840) | Vandooren B. (2007) | W40 | 14.50 |
| 100 H.(0.840) | Vandooren B. (2009) | W40 | 18.42 |
| 400 H.(0.762) | Cooke Catherine (2011) | W40 | 79.60 |
| 100 m. | Libert Laetitia (2015) | W35 | 11.69 |
| 200 m. | Libert Laetitia (2015) | W35 | 23.83 |
| 300 m. | Libert Laetitia (2016) | W35 | 37.96 |
| 400 m. | Libert Laetitia (2015) | W35 | 52.88 |
| 800 m. | Tanghe Corinne (1997) | W35 | 2.22.87 |
| 1000 m. | Tanghe Corinne (1997) | W35 | 3.00.88 |
| 1500 m. | Tanghe Corinne (1997) | W35 | 4.41.65 |
| Mile (1609m) | Vandroogenbroeck Virginie (2008) | W35 | 5.09.31 |
| 2 Miles | Vandroogenbroeck Virginie (2007) | W35 | 11.28.33 |
| 2000 m. | Tanghe Corinne (1997) | W35 | 6.34.7 |
| 2000 st | Vandroogenbroeck Virginie (2006) | W35 | 7.24.71 |
| 3000 m. | Vandroogenbroeck Virginie (2008) | W35 | 9.53.13 |
| 5000 m | Vandroogenbroeck Virginie (2009) | W35 | 17.03.62 |
| 10000 m. | Vandroogenbroeck Virginie (2007) | W35 | 35.56.08 |
| Heure | Vandroogenbroeck Virginie (2006) | W35 | 16.385 |
| Longueur | Vandooren Bénédicte (2006) | W40 | 4.38 |
| Hauteur | Vandooren Bénédicte (2006) | W40 | 1.39 |
| Poids (4 kg) | Hojka Anne (2014) | W35 | 9.25 |
| Disque (1 kg) | Simonet A. (1986) | W35 | 24.26 |
| Javelot 600gr | Hojka Anne (2016) |  | 40.28 |
| Pentathlon | Vandooren Bénédicte (2006) | W40 | 2028 |
| W40 | 2604 (\*) |
| (\*) record établi à Poznan (Pologne) à l’occasion des championnats d’Europe, avec une course de 80 m/haies (au lieu de 100 m/haies) | | | |
| Heptathlon | Vandooren Bénédicte (2007) | W40 | 3047 |
| 10kms/route | Duyck Nadine (2007) | W50 | 52.55.00 |
| Semi-marath. | Vandroogenbroeck Virginie (2008) | W35 | 1h19.35 |
| 30 kms/route | Vandroogenbroeck Virginie (2006) | W35 | 2h03.46 |
| Marathon | Vandroogenbroeck Virginie (2009) | W35 | 2h43.48 |