**Masters Hommes M55 outdoor**

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| 100 m. | Lambotte Jean-Bernard (1998) | 14.2/14.44 |
| 200 m. | Lambotte Jean-Bernard (1998) | 29.3/29.54 |
| 300 m. | Francois Marc (2010) | 50.32 |
| 400 m. | Francois Marc (2010) | 68.43 |
| 800 m. | Francois Marc (2010) | 2.30.84 |
| 1000 m. | Francois Marc (2010) | 3.19.97 |
| 1500 m. | Francois Marc (2010) | 5.10.23 |
| Mile | Francois Marc (2012) | 5.40.26 |
| 2000 m. | Francois Marc (2012) | 7.13.95 |
| 3000 m. | Caroubel Lucien (1988) | 11.00.6 |
| 2 Miles | Francois Marc (2010) | 12.26.33 |
| 5000 m | Francois Marc (2010) | 19.35.01 |
| 10000 m. | Francois Marc (2012) | 40.37.48 |
| Heure | Turner Roger (1990) | 15.395 |
| Longueur | Francois Marc (2013) | 3.68 |
| Hauteur | Francois Marc (2009) | 1.45 |
| Poids 7,260kg | Deperne André (2005) | 11.25 |
| Poids 6kg | Deperne André (2005) | 12.09 |
| Disque 2kg | Stalas Michel (2003) | 39.12 |
| Disque 1.5kg | Stalas Michel (2003) | 42.73 |
| Javelot 700gr | Francois Marc (2013) | 25.77 |
| Javelot 800gr | Stalas Michel (2003) | 27.25 |
| Pentathlon | Francois Marc (2013) | 2.310 |
| 10 kms | Francois Marc (2010) | 44.25 |
| Semi-marathon | Francois Marc (2012) | 1h28.12 |
| Marathon | Bellemans Raymond (1981) | 3.22.33 |
| 10km | Lesjours Joseph (1984) | 60.47.1 |
| 20km | Lesjours Joseph (1985) | 2.11.40.0 |