

CRITERES HOMMES

Epreuves	Cat.	propositi on A N2/N3	Senior A actuel	propositi on B N3/N4	Senior B actuel	propositi on C N4/IR1	Espoir A propositi on A	Espoir B propositi on B	Junior A propositi on A N4/IR1	Junior B propositi on B IR1/IR2	Scolaire A propositi on A IR1/IR2	Scolaire B propositi on B IR3/IR4	Cadet A propositi on A R1/R2	Cadet B propositi on B R3/R4									
100m	CJESV	10"64	10.85	10.84	11.10	10"94	10.94	10.89	11.25	11.04	11.00	10"94	11.35	11"14	11.16	11"14	11.45	11"44	11.75	11"74	12.00	12"14	
200m	CJESV	21"44	21.85	21.84	22.30	22"24	22.16	22.04	22.54	22.39	22.37	22"24	22.70	22"54	22.80	22"54	23.05	23"14	23.77	23"74	24.30	24"54	
300m			34.75		35.40		35.45		35.88		35.92		36.20		36.81		37.30		38.16		38.50		
400m	CJESV	47"64	48.40	48.64	49.40	49"64	49.18	49.14	50.24	50.04	49.70	49"64	50.80	50"44	50.51	50"44	51.60	52"44	53.30	54"44	55.30	56"44	
800m	CJESV	1'50"00	1.51.50	1.52.00	1.53.50	1'54"00	1.52.58	1.53.00	1.55.00	1.55.50	1.53.30	1'54"00	1.56.00	1'57"00	1.55.70	1'57"00	1.59.00	2'01"00	2.02.00	2'05"00	2.08.00	2'09"00	
1 000m	CJESV	2'21"50	2.25.00	2.24.00	2.31.00	2'26"50	2.27.40	2.25.25	2.33.40	2.28.25	2.29.00	2'26"50	2.35.00	2'30"00	2.35.00	2'30"00	2.40.00	2'35"00	2.42.00	2'41"00	2.49.00	2'47"00	
1 500m	CJESV	3'46"00	3.47.80	3.50.00	3.53.00	3'54"00	3.51.52	3.52.00	3.56.40	3.56.50	3.54.00	3'54"00	3.59.00	3'59"00	4.01.00	3'59"00	4.09.00	4'09"00	4.16.00	4'19"00	4.25.00	4'29"00	
mile			4.17.00		4.23.50		4.23.00		4.27.50		4.27.00		4.30.00		4.39.00		4.43.00		5.00.00		5.10.00		
2 000m			5.36.00		5.44.00		5.43.00		5.48.00		5.47.00		5.51.00										
3 000m	CJESV	8'10"00	8.10.00	8.20.00	8.26.00	8'30"00	8.23.00	8.25.00	8.34.00	8.35.00	8.31.00	8'30"00	8.40.00	8'40"00	8.51.00	8'40"00	9.05.00	9'00"00					
5 000m	JESV	14'00"00	14.05.00	14.20.00	14.55.00	14'40"00	14.37.00	14.30.00	15.13.00	14.50.00	14.57.00	14'40"00	15.25.00	15'00"00									
10 000m - 10km	CJESV	29'45	30.07.00	30.30.00	32.45.00	31'15	31.36.00	30.52.50	32.54.00	31.37.50	32.20.00	31'15	33.00.00	32'00									
100m Haies 0.84m																			15.06	14.67	16.00	15.57	
110m Haies 0.91m	C												15.60	14"94	16.00	15"54							
110m Haies 0.99m	JV									15.48	14"74	15.70	15"14										
110m Haies 1.06m	CJESV	14"24	15.30	14"74	15.45	15"14	15.41	14.94	15.60	15.34													
300m Haies																			41.97	41.18	44.50	43.70	
400m Haies	CJESV	52"74	53.70	54"04	56.00	55"24	55.37	54.64	57.02	55.74	56.48	55"24	57.70	56"24	58.15	56"24	60.50	58"24					
2 000m Steeple	C															6'16"00			6'28"00				
3 000m Steeple	JESV	9'00"00	9.09.00	9'15"00	9.25.00	9'30"00		9.22.50		9.37.50		9'30"00											
Hauteur	CJESV	2m06	2.02	2m01	1m95	1m95	1m99	1m98	1m94	1m93	1m97	1m95	1m93	1m92	1m94	1m92	1m90	1m85	1m82	1m78	1m75	1m72	
Perche	CJESV	5m00	4.50	4m80	4m24	4m60	4m27	4m70	4m10	4m50	4m12	4m60	4m	4m40	3m98	4m40	3m80	4m20	3m48	3m80	3m20	3m50	
Longueur	CJESV	7m20	6.95	7m00	6m70	6m80	6m84	6m90	6m62	6m70	6m76	6m80	6m50	6m60	6m52	6m60	6m25	6m30	6m07	6m10	5m70	5m85	
Triple Saut	CJESV	15m00	13.95	14m50	13m30	14m10	13m80	14m30	13m20	13m95	13m70	14m10	12m80	13m80	13m43	13m80	12m70	13m20	12m33	12m60	11m75	12m00	
Poids 4kg																			14m65	14.50	13m50	13m50	
Poids 5kg	C																						
Poids 6kg	CJ										14m06	14m80	12m80	14m40									
Poids 7kg	CJESV	15m00	14.75	14m40	14m28	13m80	14m34	14m10	14m22	13m50													
Disque 1kg																			46m58	41.00	43m	39m00	
Disque 1.5kg	C																						
Disque 1.75kg	CJ										42m20	45m00	39m	43m00	45m46	45m00	40m	42m00					
Disque 2kg	CJESV	49m00	48.90	46m00	41m	43m00	44m88	44m50	39m80	41m50													
Marteau 4kg																							
Marteau 5kg	C														50m30	59m00	45m	54m00	45m55	54.50	43m	50m50	
Marteau 6kg	CJ										44m65	56m00	40m	54m00									
Marteau 7kg	CJESV	58m00	50.78	56m00	43m	51m00	47m10	53m50	41m20	48m50													
Javelot 600g																							
Javelot 700g	C														53m90	57m00	48m94	52m00	45m79	51.00	40m50	47m00	
Javelot 800g	CJESV	64m00	61.39	61m00	53m69	57m00	57m57	59m00	51m21	55m50	55m02	57m00	49m56	54m00									
Heptathlon	C																						
Heptathlon	JV																						
Heptathlon	CJESV																						
Octathlon																							
Décathlon	C														6200 pt		5800 pt						
Décathlon	JV																						
Décathlon	CJESV	6600 pt		6300 pt		6000 pt		6150 pt		5900 pt		6000 pt		5800 pt								4352 pt	4032 pt

