**Cadets Hommes outdoor**

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| --- | --- | --- |
| 100 H (0.914) | Roelants Sebastiaan (2012) | 14.65 |
| 300 H (0.762) | Ghuys Dimitri. Jr (2014) | 41.85 |
| 100 m. | Defauw Sébastien (2011) | 11.83 |
| 150 m. | Heynderickx Ludo (1993) | 18.39 |
| 200 m. | Defauw Sébastien (2011) | 23.77 |
| 300 m. | Noël Léo (2014) | 37.71 |
| 400 m. | Heynderickx Ludo (1993) | 53.34 |
| 800 m. | Parvais Olivier (1983) | 2.02.2 |
| 1000 m. | Clerckx Nicolas (1996) | 2.42.94 |
| 1500 m. | Minet Gérard (1972) | 4.17.5 |
| Mile | Verhaegen Matteo (2017) | 4.49.13 |
| Longueur | Dethier Olivier (1993) | 5.96 |
| Triple saut | Dethier Olivier (1993) | 12.05 |
| Hauteur | Dehou J. (1999) | 1.86 |
| Perche | Descamps Lucas (2018) | 3.80 |
| Poids 4 kg | Chiesi Raphael (2001) | 14.91 |
| Disque 1kg | Stalas Jean (1990) | 46.06 |
| Javelot 600gr | Ego Laurent (2003) | 43.08 |
| Marteau 4kg | Pierre Nicolas (1999) | 49.01 |
| Pentathlon | Di Stefano G. (93) | 2.530 |
| Octathlon | Spigeleer Loïc (16) | 3.436 |
| **RELAIS** | | |
| 4 x 100 | Sempot Axel. - Spigeleer Loïc. | 46.65 |
| Lognay Samuel - Chiroux Gaétan (2016) |
| 4 x 200 | Reginster Gaetan – Noël Léo | 1.40.35 |
| Bourlard Loic– Ghuys Dimitri Jr (2014) |
| 4 x 400 | Defauw Sébastien - Mayne Marty | 3.54.21 |
| Reginster Quentin – Spigeleer Nicolas (2011) |
| 4 x 800 | Brisart Jonathan- Heynderickx Ronny | 8.42.41 |
| Gilson Mathieu – Clerckx Nicolas (1996) |
| Suédois (400-300-200-100) | Defauw Sébastien - Spigeleer Nicolas | 2.12.94 |
| Reginster Quentin – Mayne Marty (2011) |
| Olympique (800-400-200-100) | Brisart Jonathan – Clerckx Nicolas | 3.44.06 |
|  | Boucqueau Rudy - Heynderickx Ronny (1996) |