

| MASTERS H. | | | | MASTERS D. | | | |
|-----------------------|---|------------|---------------|---|---|-----|----------|
| | | | | 80 H (0.840) | Vandooren Bénédicte (2007) | W40 | 14.50 |
| 110 H. (1.06) | Descamps Thierry (2015) | M40 | 20.43 | 100 H.(0.840) | Vandooren Bénédicte (2009) | W40 | 18.42 |
| 400 H. (0.914) | Paternotte Philippe (2011) | M35 | 66.27 | 400 H.(0.762) | Cooke Catherine (2011) | W40 | 79.60 |
| 100 m. | Mauvisin Gaetan (2011) | M35 | 11.84 | 100 m. | Libert Laetitia (2015) | W35 | 11.69 |
| 200 m. | Nyssen Sébastien (2018) | M35 | 24.37 | 200 m. | Libert Laetitia (2015) | W35 | 23.83 |
| 300 m. | Nyssen Sébastien (2018) | M35 | 38.81 | 300 m. | Libert Laetitia (2016) | W35 | 37.96 |
| 400 m. | Nyssen Sébastien (2016) | M35 | 53.21 | 400 m. | Libert Laetitia (2015) | W35 | 52.88 |
| 600 m | Nyssen Sébastien (2017) | M35 | 1.26.86 | | | | |
| 800 m. | Nyssen Sébastien (2018) | M35 | 2.02.23 | 800 m. | Tanghe Corinne (1997) | W35 | 2.22.87 |
| 1000 m. | Moens Jacques (1984) | M45 | 2.41.6 | 1000 m. | Tanghe Corinne (1997) | W35 | 3.00.88 |
| 1500 m. | Moens Jacques (1983) | M40 | 4.13.53 | 1500 m. | Tanghe Corinne (1997) | W35 | 4.41.65 |
| Mile (1609m) | Moens Jacques (1984) | M45 | 4.40.9 | Mile (1609m) | Vandroogenbroeck Virginie (2008) | W35 | 5.09.31 |
| 2 Miles | Lepoutre Guy (2009) | M35 | 13.25.74 | 2 Miles | Vandroogenbroeck Virginie (2007) | W35 | 11.28.33 |
| 2000 m. | Deknudt Walter (1985) | M45 | 6.02.1 | 2000 m. | Tanghe Corinne (1997) | W35 | 6.34.7 |
| 2000 st. | Nyssen Sébastien (2015) | M35 | 7.10.91 | 2000 st | Vandroogenbroeck Virginie (2006) | W35 | 7.24.71 |
| 3000 st. | Sebille Jan (1995) | M40 | 10.30.73 | | | | |
| 3000 m. | Moens Jacques (1983) | M40 | 8.59.2 | 3000 m. | Vandroogenbroeck Virginie (2008) | W35 | 9.53.13 |
| 5000 m | Moens Jacques (1984) | M45 | 15.19.94 | 5000 m | Vandroogenbroeck Virginie (2009) | W35 | 17.03.62 |
| 10000 m. | Moens Jacques (1983) | M40 | 33.59.8 | 10000 m. | Vandroogenbroeck Virginie (2007) | W35 | 35.56.08 |
| Heure | Moens Jacques (1984) | M45 | 18.018 | Heure | Vandroogenbroeck Virginie (2006) | W35 | 16.385 |
| 20000 m | Sebille Jan (1996) | M40 | 1h17.51.3 | | | | |
| Longueur | Branle Hugues (2012) | M40 | 6.08 | Longueur | Vandooren Bénédicte (2006) | W40 | 4.38 |
| Triple saut | Branle Hugues (2012) | M40 | 12.13 | Triple saut | | | |
| Hauteur | Mauvisin Gaetan (2011) | M35 | 1.81 | Hauteur | Vandooren Bénédicte (2006) | W40 | 1.39 |
| Perche | Descamps Thierry (2016) | M40 | 3.70 | Perche | | | |
| Poids 7,260kg | Deperme André (1990) | M40 | 13.34 | Poids (4 kg) | Hojka Anne (2014) | W35 | 9.25 |
| Poids lourd (15,88kg) | Benioucef Karim (2020) | M40 | 9.36 | Disque (1 kg) | Simonet A. (1986) | W35 | 24.26 |
| Disque 2kg | Stalas Michel (1992) | M40 | 45.04 | Javelot 600gr | Hojka Anne (2016) | | 40.28 |
| Javelot 800gr | Paternotte Philippe (2010) | M40 | 52.68 | Marteau (4 k) | | | |
| Marteau 7,260kg | Benioucef Karim (2021) | M40 | 27.09 | | | | |
| Pentathlon | Descamps Thierry (2014) | M40 | 2.462p | Pentathlon | Vandooren Bénédicte (2006) | W40 | 2028 |
| Pentathlon lancers | Benioucef Karim (2021) | M40 | 2.427p | | | W40 | 2604 (*) |
| Décathlon | Descamps Thierry (2022) | M50 | 5.104p | | | | |
| | | | | (*) record établi à Poznan (Pologne) à l'occasion des championnats d'Europe, avec une course de 80 m/haies (au lieu de 100 m/haies) | | | |
| | | | | Heptathlon | Vandooren Bénédicte (2007) | W40 | 3047 |
| 10 kms | Quoitot Guy (1997) | M40 | 37.18 | 10kms/route | Duyck Nadine (2007) | W50 | 52.55.00 |
| Semi-marath | Duprix Daniel (1992) | M40 | 1h11.18 | Semi-marath. | Vandroogenbroeck Virginie (2008) | W35 | 1h19.35 |
| | | | | 30 kms/route | Vandroogenbroeck Virginie (2006) | W35 | 2h03.46 |
| Marathon | Vanderbecq Pierre-Henri (2021) | M45 | 2h.35.50 | Marathon | Vandroogenbroeck Virginie (2009) | W35 | 2h43.48 |
| 50kms | Demarets Joel (1998) | M45 | 4h24.49 | | | | |
| Ultra-marathon | Demarets Joel (1998) | M45 | 6h18.48 | | | | |
| 6 Heures | Demarets Joel (1998) | M45 | 68.495 | | | | |
| 100 kms | Bascour Jean (1982) | M40 | 9h.19.25 | | | | |
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| Marche athlétique | | | | RELAIS mixtes | | | |
| 5 000 | Cesnik J. (2005) | M50 | 32.46.3 | 4 x 400 | Martens Catherine (40) - Versmissen Fabian (35) | | 4.19.14 |
| 10.000 | Lesjours Joseph (1983) | M50 | 59.30.0 | | Lecurieux Susan (40) - Nyssen Sébastien (40) | | |
| 20.000 | Lesjours Joseph (1981) | M50 | 2.08.35.4 | | | | |
| 50.000 | Lesjours Joseph (1983) | M50 | 5.47.27.0 | | | | |
| RELAIS | | | | RELAIS | | | |
| 4 x 100 | Nyssen Sébastien (35) - Descamps Thierry (40) Billington Vincent (35) - Geirnaert Geoffrey (35) (2016) | | 49.24 | 4 x 100 | Lecurieux Susan (35)-Bergehazan Marie-Christine (45) Cooke Catherine (45)- Vandooren Bénédicte (45) (2014) | | 57.35 |
| 4 x 200 | Dejardin P - Sanchez Posada Luis (50) Prévoit Jérôme (35) - Leroy Marc (45) | | 1.40.97 | 4 x 200 | Vandooren Bénédicte (40)-Meyer Patricia (45) Deknudt Véronique (40)-Desmet Bernadette (45) (2009) | | 2.23.49 |
| 4 x 400 | Markadiou Fabrice (35) – Descamps Thierry (40) Resmini Federico (40) – Nyssen Sébastien (2014) | | 3.52.80 | 4 x 400 | Meyer Patricia (45) – Benoit Brigitte (45) Lebeau Marianne (40)-Duyck Nadine (50) (2009) | | ?? |
| M40 | Ansiau Claude – Mertens Emile Lefèvre Léo – Parvais Claude (1987) | | 4.06.3 | 4 x 800 | Meyer Patricia (50)-Bergehazan Marie-Christine (50) Blavoute Nathalie (45)-Lecurieux Susan (35) (2015) | | 11.23.63 |
| M45 | Thomas Serge – Scoupe Alain Albert Charly – Quoitot Guy (2001) | | 4.10.24 | | | | |
| Suédois | Mauvisin Gaetan (35) - Paternotte Philippe (35) Delcorde (45) - Prevot Jérôme (35) (2011) | | 2.17.79 | Suédois | Cooke Catherine (40)- Meyer Patricia (45) Vandooren Bénédicte (45)-Desmet Bernadette (45) (2011) | | 2.42.22 |
| Olympique | Thomas Serge - Quoitot Guy Versmissen Philippe - Eraerts Willy (60) (1998) | | 3.55.4 | Suédois W40 | Cooke Catherine – Meyer Patricia Vandooren Bénédicte – Deknudt Véronique (2012) | | 2.54.69 |
| M40 | Thomas Serge – Quoitot Guy Versmissen Philippe – Scoupe Alain (1997) | | 3.58.5 | | | | |