

W65			M65		
			100 m.	Eraerts Willy (2006)	15.97
			200 m.	Eraerts Willy (2006)	32.85
			300 m.	Eraerts Willy (2006)	53.74
			400 m.	Eraerts Willy (2004)	68.71
800 m.	Crul Rosa (2007)	3.36.31	800 m.	Eraerts Willy (2004)	2.35.88
			1000 m.	Eraerts Willy (2003)	3.20.37
1500 m.	Crul Rosa (2006)	7.01.32	1500 m.	Eraerts Willy (2005)	5.23.11
			Mile	Eraerts Willy (2007)	6.03.62
			2000 m.	Eraerts Willy (2006)	7.30.27
3000 m.	Crul Rosa (2006)	14.47.92	3000 m.	Eraerts Willy (2003)	11.34.8
			5000 m	Caroubel Lucien (1998)	21.42.6
			10000 m.	Eraerts Willy (2006)	41.24.8
Heure	Crul Rosa (2009)	10.207	Heure	Caroubel Lucien (1994)	15.040
Poids 4k	Crul Rosa (2005)	6.05			
ROUTE			ROUTE		
10kms	Crul Rosa (2007)	53.52.00	10 kms	Eraerts Willy (2004)	40.13
Semi-marathon	Crul Rosa (2007)	2h00.36	Semi-marathon	Eraerts Willy (2005)	1.31.43